



## When to Keep Your Child Home from School



It seems like there is always something going around when it comes to kids. Here are some guidelines to help you to know when to keep your child home from school.

### **DIARRHEA**

If your child has had three or more watery stools in a 24-hour period, especially if your child acts or looks ill, it is recommended they do not come to school.

### **EYES**

We understand that eyes are sometimes swollen and irritated by allergens or virus. Because of the extremely contagious nature of Bacterial Pink Eye, we ask you to consult your doctor before sending your child to school with these symptoms: Thick mucus or pus draining from eye, or if eye is red, puffy and itchy or painful. Your child can attend school 24 hours after starting medical treatment for Bacterial Pink Eye.

### **FEVER**

Temperature of 100.0 or higher is an indication that your child could be contagious. Giving a child Tylenol or Ibuprofen will bring the temperature down, and make them more comfortable, but will not prevent them from passing their illness on to classmates. Temperature must be normal for 24 hours without medication before they can return to school.

### **RASH**

Body rash, especially with fever and/or itching. Students will be excluded from school with infectious rashes such as ringworm, impetigo and scabies until they are under an effective treatment (medication) and no longer considered contagious.

### **VOMITING**

Vomiting two or more times within the past 24 hours.

### **HEAD LICE**

Children cannot return to school until their hair has been treated with an appropriate lice treatment (either over-the-counter or prescription). They are to be free of live lice. The student must check in with the school nurse before returning to class.

### **SEVERE SORE THROAT/COUGH**

Especially with fever, or swollen glands in the neck. A frequent or severe cough can be a distraction to the class. Please do not send cough drops with your child for coughs unless it is also accompanied with written permission by parent or physician.

It is extremely important for our health office to have on file an emergency telephone number where you can be reached. It should also contain the number of a relative, friend, or neighbor who can assume parental responsibility when you are not available.

If you have any questions, please call the School Nurse's office.

**School: Lasalle**

**Nurse: Bonnie Miller**

**Phone #:(574)393-4722**

\*\*\*\*\* PLEASE KEEP THIS LETTER FOR FUTURE REFERENCE \*\*\*\*\*